

# Quickstart guide: Instructional strategy



## How to use this guide

- Focus on one topic each week
- Coach or admin creates reflection assignment in MirrorTalk (use the sample objectives below or create your own)
- Coach/admin shares assignment link with teachers
- Following their video observation or before/after a coaching conversation, teachers complete the reflection from their [mirrortalk.ai](https://www.mirrortalk.ai) account on their laptops or from the MirrorTalk app on their phones.



## Why add MirrorTalk to video coaching?

- Document learning and track growth from coaching conversations
- Gain insight where support is needed
- Time to reflect before coaching- increases teacher agency and ownership



## Sample objectives

This series of reflections progressively builds upon teachers' understanding, analysis, and application of instructional practice. You can indicate a specific instructional practice in the objective to customize the reflection questions further.

TOPIC	OBJECTIVE
	Copy this into <a href="https://www.mirrortalk.ai">mirrortalk.ai</a> in the learning objective space Focus: Depth of Knowledge
1 Identifying and analyzing the practice	Teachers will reflect on their understanding of the [Insert name of instructional strategy] and its intended purpose. Identify the key components of the practice, how it aligns with the needs of your students, and how you will introduce it to students.
2 Evaluating effectiveness and impact	Teachers will reflect on what worked well or challenges they encountered with [Insert name of instructional strategy] and share evidence of its impact on student learning.
3 Refining and adjusting the practice	Teachers will reflect on what aspects of [Insert name of instructional strategy] must be adjusted. They will also include what additional supports or resources could help improve the practice's effectiveness.
4 Sustaining and extending the practice	Teachers will plan for long-term implementation of [Insert name of instructional strategy]. They will address how they can collaborate with colleagues to share insights on their experience and how they will integrate this into their practice moving forward.